

- **T.G.I.F.** - August 12th, @ 6:30 p.m. at The Jacob's
- **BACKPACK BLESSING AND BBQ sponsored by G.I.F.T. and Fellowship ministries** - August 14th
- **TRINITY @ THE MISSION** - Saturday, August 27th
- **PET BLESSING**— Saturday, August 27th
- **THE MORNING BOOK CLUB** - Monday, August 1
- **SKY RANCH LUTHERAN CAMP**—July 31st through August 5th

**Trinity Lutheran Church**  
**301 E. Stuart St.**  
**Fort Collins, CO 80525**

**Pastor Gabi Aelabouni**  
pastorgabi@trinitylutheranfc.org

**Pastor Meghan Aelabouni**  
pastormeghan@trinitylutheranfc.org

**Church Musician**  
Marcia Yernberg

**TLC Preschool Director**  
Brenda Harju

**Financial Secretary**  
Debbie Schwartz  
dschwartz@trinitylutheranfc.org

**Church Phone:** 482-1226  
**FAX:** 482-0817

**TLC Preschool:** 221-9852

**Website:**  
www.trinitylutheranfc.org

**Email:**  
trinity@trinitylutheranfc.org

**Office Hours:**  
9 am - 3 pm Mon - Thurs.  
9 am - noon Friday

**Bulletin Deadline:** Wed., noon

**Tidings Deadline:**  
**16th of the Month**  
*The Tidings is published monthly as a ministry of Trinity Lutheran Church.*

**Worship Times**  
**Saturday Praise- 5 pm**  
**Sunday - 8 & 10 am**  
Fellowship Hour – 11:15 am  
Sunday School - 9 am  
Adult Education - 9 am

### **“How Trinity Spent our Summer Vacation”**

Over the last few weeks, as fall approaches, we’ve been remembering that old back-to-school writing assignment: “How I spent my summer vacation.” Of course, Trinity never went “on vacation,” exactly—we’ve had an exciting and full summer of ministry! And here are some of the highlights:

- Biking, walking, and carpooling to church for our “Celebrating and Caring for Creation” weekend June 18 and 19, worshipping God outdoors at 5pm and 10am in our beautiful memorial garden, and enjoying the Bible Study provided by our guests (Rev. Nelson Bock and Betty Goebel) from Colorado Interfaith Power and Light
- A busy and successful garage sale June 4 for our youth summer ministries, supported by Thrivent, which raised a total of well over \$2,000
- 120 Pre-K through 5th grade kids, along with youth and adult volunteers, singing their hearts out during our joint Vacation Bible School week with the other Fort Collins ELCA congregations, led by staff from Sky Ranch, and hosted by Our Saviour’s
- Receiving 10 new members into the Trinity community—welcome!
- Sending 8 high school youth, along with caring and courageous adult leaders, on our 2011 mission trip to Vancouver, British Columbia
- Bringing Trinity to Sky Ranch, with two of our high school youth joining a two-week leadership program June 12-24, and Trinity kids of all ages participating in camp programs July 31-August 5
- Moving forward with interviews for our open staff position in Children’s, Youth and Household Ministry—including opportunities for the congregation to meet candidates. Look for an exciting announcement very soon!

We, your pastors, were thrilled to be a part of so much vibrant and spirit-filled time at Trinity! And we extend our sincere thanks to the guest pastors and Trinity staff and members whose leadership made it possible for us to spend time with family in the Holy Land. Ethan had a wonderful time playing with his cousins (and being spoiled by everyone!) And we had the chance to rest, reconnect with family, and be reenergized for the ministry ahead of us this fall.

As the school year begins this month, we are excited for what’s in store for Trinity: a new year of faith formation for children, youth and adults; opportunities to put faith in action through outreach and service to the Fort Collins community, and the next steps of our congregation-wide conversation about Trinity’s identity and God’s purpose for us—look for opportunities coming soon to hear all that was shared at our Pastor and People meetings, and what that means for us in the time ahead!

We hope that this summer brought you countless reminders of God’s generous love and life-transforming grace. Thank you for all you are, and all you bring to Trinity!

In peace,  
Pastors Meghan and Gabi



# DONATIONS FOR THE LARIMER COUNTY FOOD BANK

*"I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me. I was sick and you took care of me, I was in prison and you visited me." (Matthew 23:35)*

During the four Sundays in August Trinity will be collecting food and money for the Food Bank for Larimer County. Please leave donations of preserved food in the containers in the narthex and Fellowship Hall. Donating money is an even more effective way to help, because each dollar buys four nutritious meals to be distributed. If you write a check, make it out to Trinity Lutheran and designate it for the Food Bank. Put cash donations in an envelope labeled "Food Bank." The Food Bank provides an outstanding service for our community. It serves about 11,800 people a month, and about half of these are elderly or children. Nationwide about 1 in 5 children receive food in this manner and the number has been increasing over the past few years. During 2010 the Food Bank aimed at increasing by 25% its points of service for alleviating hunger in local children. It buys about 50,000 lbs. of produce each week. It sponsors a "Kids' Café" and other programs that last year provided around 66,000 breakfasts, lunches, and dinners for young people 18 years old and younger. Trinity has been a great supporter of the Food Bank. Last year we contributed over \$5,400 and 500 lbs. of food. This year the Outreach Committee set a goal of \$6,000 and 550 lbs. for us. These are ambitious goals, but we can do it and the need is definitely there. Please help us keep up our excellent record of supporting the Food Bank. We will report on our progress as we move through August. Thanks again for your support and for helping others in Jesus's name.



## FOOD DRIVE

July 1<sup>st</sup> thru Sept 30<sup>th</sup>

To Benefit

The Larimer County Food Bank,

St. John's Food Bank,

Zion's Food Bank

and

Trinity's Food Drive



During our 2<sup>nd</sup> annual food drive, we will once again be feeding people spiritually by placing *John 3:16* labels on all items donated.

And for a little added fun and incentive...

Thrivent Cares – Lutherans Share will donate 50 cents per pound of food collected, up to 500 lbs., 75 cents per pound for 501-750 lbs. collected and \$1 per pound for 751-1000 lbs. collected.

In addition Thrivent Cares – Lutherans Share will donate 50 cents for every \$1 in cash donations collected.

All incentives will be equally divided between the four food banks.



## **TO OUR NEW MEMBERS**



### **Sylvia Supinski**

Sylvia Supinski says she found her church home when she attended Trinity and received such a warm welcome. Sylvia came to Fort Collins a year ago to be near her son and his family. Her six-year-old granddaughter Abby is Grandma's joy and delight. The two of them share Sylvia's love of miniatures. They are currently building a doll house together.

Sylvia was widowed at the young age of 47 and evolved into working as a librarian and doing substitute teaching in Florida. Today, she is recognized as a miniaturist and also teaches others her hobby. Ask her about the big Denver miniaturist event she has coming up in September.

Sylvia has joined the Welcome Center team and looks forward to getting to know the Trinity family. Welcome Sylvia!

### **Quinn and Carolyn Funk**

Quinn and Carolyn Funk have been familiar with Trinity for many years. In fact, their daughter Rhonda was married at Trinity. (see Rhonda & Ray George below) Colorado natives, Carolyn was born and raised in Virginia Dale and Quinn comes from Ft. Lupton.

The Funks have lived in Ft. Collins for the past 5 years. Carolyn spent her life as a nurse and loves to volunteer. Quinn can be found doing the woodworking he loves.

We're delighted to have Quinn and Carolyn join our Trinity family and we look forward to getting to know them.



### **Ray and Rhonda George**

Ray & Rhonda George have been Coloradoans all their life, but spent several various periods living outside the state and then returning to their roots. Currently their recent return to Colorado last summer brought them to Trinity. We are delighted to have them with us.

Ray spent 36 years with the Forest Service and Rhonda is a longtime Bank of The West employee. Currently retired, they love to golf and travel. Recently they returned from a six month visit to SE Asia. Not surprisingly, their son is in the travel business. It would appear that travelling is a family tradition.

Welcome to Trinity, Ray and Rhonda.



**Nancy Harrison**

Nancy Harrison is very happy to be part of the Trinity Family. Everyone has made her feel so welcome. She looks forward to getting to know everyone better in the coming months and years as she works on the e-News and other projects. We're delighted to have you at Trinity, Nancy.

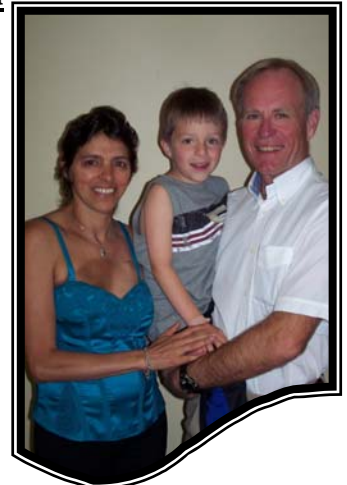
Nancy has two grown children and four grandsons who are growing up in the great outdoors of Wyoming. The whole family meets to go camping, boating and fishing as often as they can. Nancy's favorite trips have involved fly fishing, whitewater rafting, sea kayaking, snorkeling, wildlife study and horseback riding.

A true citizen of the American West Nancy has lived her entire life in Colorado, Wyoming, Utah and Idaho. She moved to Wellington in 2006 where she enjoys gardening, cooking and needlework and community events and activities. Travel is her true passion, however, and has spent time in many Latin American countries and traveled for a month in Africa in 2010 visiting Uganda, Rwanda and Kenya. Nancy founded Adventure Media in 1999 to serve as a PR agency connecting adventure travel providers with the media.

**Robert, Vone and JJ Brustad**

Vone- Is from Bahia, Brazil and has now lived in Colorado for 7 years. She has run a small cleaning business in Fort Collins and will continue this business while also pursuing her interest and expertise in cooking. Her hobbies include running and learning new styles of cooking. Vone is slowly but surely adapting to the cold Colorado winters.

Bob- Originally from Long Beach, California, has lived in Fort Collins for 18 years. He is a professor in the School of Sport & Exercise Science at UNC. He frequently travels to Spain, Portugal and Chile to teach. He also works part-time as on-air host at KUVU public radio in Denver. His hobbies include running, basketball, and jazz and Brazilian music.



JJ: The youngest Brustad just turned 5 years old and attended TLC preschool this past year. He loved making new friends and really loves his teachers, Brenda Harju and Kris Lee. He speaks Portuguese fluently, in addition to English, and will be starting kindergarten this August.



**Dan Zwart**

Dan loves to spend time around electronics, especially his computer. He gives his Dad credit for nurturing his passion and the frequent times spent with him help him stay focused on his future. Dad has a PHD in Math as well as other varied interests and he and Dan spend time together about every two weeks. Dan is a bicyclist and makes sure he has the weather protection he needs to ride in all kinds of weather.

Living only a mile from church makes the bicycling practical as well as enjoyable. Previously Dan lived in Dallas, TX and is blessed to have his family living nearby in Estes Park. Welcome to Trinity Dan! We're glad you're here!



# Gather Us In

As I read this devotional from Luther Seminary devotionals, it was like it had been written with our Trinity family name in bold letters. It reminded me of the welcoming spirit we exude to those who enter and those who are already here. It reminded me of Bishop Bjornberg's sermon on Installation Sunday about the church being an intensive care unit for sinners and how God promises us healing. It reminded me of the God who loves us, gathers us to Himself.....all because of Jesus. Yes, **WE BELONG! ALL BELONG! Rejoice!**

"Gather Us In," ELW 532, v. 1, 4

*1 Here in this place the new light is streaming, now is the darkness vanished away;  
see in this space our fears and our dreamings brought here to you in the light of this day.  
Gather us in, the lost and forsaken, gather us in, the blind and the lame;  
call to us now, and we shall awaken, we shall arise at the sound of our name.*

*4 Not in the dark of buildings confining, not in some heaven, light years away—here in this place the new  
light is shining, now is the kingdom, and now is the day.  
Gather us in and hold us forever, gather us in and make us your own;  
gather us in, all peoples together, fire of love in our flesh and our bone.*

In this beautiful hymn by Marty Haugen, we see the Church at its best—a place of welcome for the outcast, a place of vision for the spiritually blind, a place of healing for those who limp through life. And it is now...in this life...this time...this place. When we reject others who come through our doors because they are different and therefore not welcome, we forget that we are the lost, forsaken, blind and lame. God gathers us to his place of light and hope and love. It is God who gathers. It is God who unites us and forms us into the precious Body of his Son. Even though we don't merit such a place, because of his Son, Jesus Christ, we belong.

*Heavenly Father, you gather us to yourself and you form us into your Church. Forgive us for the times we fail to welcome others and remind us that without your Son, Jesus Christ, we would not be your Church. Amen.*

Pat Lehrer West Nidaros Lutheran Church, Crooks, S.D.

Master of Divinity, 2004  
Reprinted with permission

Marilyn Hartig, Congregational President

## 2011 Habitat for Humanity Opportunity

Thrivent is again sponsoring a home in Fort Collins this year through their Thrivent builds with Habitat for Humanity program. Trinity has opted to join other local Lutheran churches in support of this project. This will be the 12<sup>th</sup> and final Habitat build in the Rigden Farms subdivision. The greatest need is for labor and it is important to sign up ahead of time. Normal build days are Friday and Saturday from 8:00 to 3:30 with lunch at noon. Participating churches will provide lunch on Saturdays and each volunteer provides his/her own lunch on any other work day. All volunteers are required to sign a Liability Waiver, must be 16 years of age or older, and those under 18 must have a parent or guardian's signature to participate. Further details will follow from Lisa Benson who has taken on the role as our Church Champion and can be reached at: (970) 266-1904.

## AUGUST TGIF

Fri., Aug. 12th @ 6:30 pm  
at The Jacob's



Join your friends at Reid and Pat's home  
on Fri., Aug. 12th at 6:30 pm. Bring an appetizer to  
share and your own beverage. Tea will be provided.

Address: 3024 N county Road 25E.

Phone: 484-7208, if you need directions.  
All are welcome!

"JOY LUNCHEON" starts back  
in September . . .  
Watch for the details coming soon!



### LEARN ABOUT THE WORLD - IN YOUR OWN LIVING ROOM!

Important events happening  
around the world take on new  
meaning when you develop friendships with students  
from other countries. Sign up to be an International  
Friend to a CSU student or scholar. There's nothing  
like sharing a meal and stories to bond people to-  
gether. You do not provide housing, just offer friend-  
ship and try to make a contact at least once a month.  
For more information and to apply:  
[http://www.fortcollinsinternationalcenter.org/  
programs](http://www.fortcollinsinternationalcenter.org/programs) or contact Layla 237-4932 or Jean 484-  
5954.

### TLC Gourmet Group

The TLC Gourmet group is looking for new participants.  
Join a group of 8 individuals for four or five gourmet meals  
between September and March.

Each "couple" will bring a dish to accompany the  
main entrée.

All are welcome.....couples does not necessarily mean  
"husband and wife". Join a friend at the table!

If you would like to join this fun group call  
Susie Stark at 484-9110  
or Debbie Schwartz at 229-9716  
By August 21st

## The Morning Book Club

The Trinity Morning Book Club meets on the first  
Monday of each month at 9:30 am in the church li-  
brary. We have a book of the month that we discuss.  
We try to have a variety of books and pick them three  
to four months ahead so everyone has time to read  
them. These books are purchased and kept in the  
church library where anyone can check them out.  
The books are all in one section and have a yellow  
dot on the spine of the book. All are welcome to be  
part of this group. If you have questions feel free to  
call Lois Olsen (206-0764) or Mary Wolpert ( 556-  
2015).

August 1 - Still Alice by Lisa Genoba

September 6 - The Postmistress  
by Sarah Blake

October 3 - Last of the Breed by Louis Lamour

November 7 - Alice's Tulips by Sandra Dallas

December 5 - Water for Elephants  
by Sara Gruen



### TRINITY @ THE MISSION

We are in need of people to  
work at the mission on  
August 27th from 10 am  
to noon or noon to 2 pm.

There is a sign-up sheet in the Narthex or you  
could contact Diann Nygaard at 377-2334. Thank  
you for your faithful support!

**AUGUST BIRTHDAY BLESSINGS GO TO:**

Vicki Volbrecht 8/1  
Russell Schueler 8/1  
MaryAlice Spelts 8/2  
Doris Schwartz 8/2  
David Bowser 8/3  
Helen Berneking 8/4  
Lindsay Haukebo 8/4  
Helen Waag 8/5  
Vicki Albright 8/5  
Mike Cain 8/6  
Marilyn Morrissey 8/6  
John Stark 8/7  
Hannah Mai 8/10  
Dona Wolfe 8/10  
David Karst 8/12  
Jenny Whittington 8/12  
Dora Mae Teal 8/14  
Elizabeth Beckman 8/14



Fisher Layden 8/14  
Jill Rose 8/15  
Richard Efird 8/15  
Mary Hargis 8/16  
Nathaniel Karst 8/16  
Julie Markley 8/18  
Gavin Nance 8/18  
LeMoyne Anderson 8/23  
Barbara Montague 8/24  
Lauren Brissey 8/25  
Jackson Dryg 8/27  
Ken Oakleaf 8/28  
Margaret Honn 8/28  
Jill Remmers 8/29  
Ellen Geppert 8/30  
Debbie Schwartz 8/31

*If you don't see your August birthday listed, please call the office at 482-1226 and let us know.*



**Baby shower for  
Erin & Andy  
Sprain**

*The congregation is invited to celebrate with Andy & Erin Sprain on Sunday, August 28th after the 10 am service for a baby shower. They are having a daughter in September and we would like to help them on their new journey as parents. Call the office with any questions.*



**TRINITY WELCOME  
CENTER**

The Welcome Center in the narthex is now being staffed from 10-2 on weekdays by volunteers who answer phones and assist visitors. We are seeking additional volunteers for this ministry. If you can work a two hour shift once, twice, or even four times per month, please call Nadine Hunt at 568-8579 or Marilyn Hartig at 226-4332.

**Trinity's Former Handbell Director  
Julie Kathleen Owens**

We have received word that Julie died June 27, 2011. Julie served Trinity from 2000 to 2006. She is survived by her children Jesse and Sarah. In lieu of flowers, please send donations to 1st United Methodist, 670 N 5th St Silsbee, TX 77656.

**Budgeted Finances for the month of May and for year-to-date as of May 31, 2011**

		<b>May</b>	<b>Year to Date</b>
<b>Receipts:</b>	Building Use/Interest	\$ 945	\$ 4,199
	Offerings	<u>29,414</u>	<u>168,113</u>
<b>Total Receipts:</b>		<b>\$ 30,359</b>	<b>\$ 172,312</b>
<b>Disbursements:</b>			
	Operating and Support	\$ 22,385	\$105,787
	Ministries	4,201	34,215
	Mortgage	1,983	9,915
	Benevolence/Gifts	1,936	9,661
	(Synod, Sky Ranch, etc.)		
<b>Total Disbursements:</b>		<b>\$ 30,505</b>	<b>\$159,578</b>
<b>Overage (shortage) for month/year</b>		<b>\$ (146)</b>	<b>\$ 12,734</b>
<b>BUILDING TRINITY'S FUTURE</b>		<b>\$ 1,000</b>	<b>\$ 4,539</b>

**SIMPLY GIVING** —If you would like information about this automatic deduction please call Debbie at 482-1226 ext.205 to request a form.

**Budgeted Finances for the month of June and for year-to-date as of June 30, 2011**

		<b>June</b>	<b>Year to Date</b>
<b>Receipts:</b>	Building Use/Interest	\$ 1,385	\$ 5,584
	Offerings	<u>22,490</u>	<u>190,603</u>
<b>Total Receipts:</b>		<b>\$ 23,875</b>	<b>\$ 196,187</b>
<b>Disbursements:</b>			
	Operating and Support	\$ 19,383	\$125,170
	Ministries	5,559	39,775
	Mortgage	1,983	11,898
	Benevolence/Gifts	1,136	10,796
	(Synod, Sky Ranch, etc.)		
<b>Total Disbursements:</b>		<b>\$ 28,061</b>	<b>\$187,639</b>
<b>Overage (shortage) for month/year</b>		<b>\$ (4,185)</b>	<b>\$ 8,548</b>
<b>BUILDING TRINITY'S FUTURE</b>		<b>\$ 500</b>	<b>\$ 5,039</b>

**SIMPLY GIVING** —If you would like information about this automatic deduction please call Debbie at 482-1226 ext.205 to request a form.

**ON THE LIGHTER SIDE**

There is the story of a pastor who got up one Sunday and announced to the congregation: "I have good news and bad news. The good news is, we have enough money to pay for our new building program. The bad news is, it's still out there in your pockets."

**Green Tip of the Day:** Drink tap water over bottled water. Bottled water costs more, takes more energy to create, and to transport. In most circumstances, tap water is cleaner than bottled water.



## TLC Preschool is a "Perfect 10"!! Celebrating 10 years of Christian Excellence!



Midsummer Greetings Trinity Friends,

A really hot and humid one it has been, Reading the paper and watching TV it is hard to believe that school supplies and clothes are already in the stores,

On September 25th @ 4:00 p.m. the preschool board will host the final event of our 10th anniversary Celebration! It is a hayride at the farm of Ron and Vicky Splittgerber (a map will be provided at a later date). You will soon see a poster with a sign up sheet in the Narthex. This hayride is for preschoolers and their families, Trinity youth (all ages - young and old) and their families. Pizza will be provided and we ask that you bring a dish to share along with drinks, tableware, chairs, blankets and etc. ALL are welcome so please sign up and enjoy the fun and fellowship. Questions? Call Mary Ann Miller @ 229-9855.

We are looking forward to another school year. We are planning to include some new things such as learning sign language, Spanish, some REALLY special story time and even cooking time. We'll invite the police and firemen to visit as well. If any of you have something you'd like to share with the children let us know.

Some Trinity members have asked about purchasing red polo shirts again - for those times when we are asked to wear red. Each order requires 24 shirts so we will have a sign up sheet on the table in the Narthex, IF we get 24 interested people we will be most happy to do so. Wearing them during your daily activities is an excellent way to let people know about Trinity, They come in styles for both women and men. The cost for ordinary sizes is \$25. There will be a price difference in smaller or larger sizes. Questions? Call Mary Ann Miller 229-9855.

As we approach the last quarter of the year it is time to think about contributing to the CCCC Tax Credit Act. This giving helps support the preschool and gives you credit on your state tax. Questions? Call Ron Splittgerber - 481-8154.

On behalf of the entire board we thank you in advance for all your prayers and support of preschool.

PEACE AND BLESSINGS TO YOU ALL!!  
MARY ANN MILLER - PRESIDENT

**The Stand with Africa month was well received and we thank all who made it possible. We wish to especially thank Thrivent for their \$1000 matching donation which brought the total donations to over \$4000! The donations were divided between the Mwangaza Training Center, The Murulle Foundation, and ELCA water wells. Trinity is truly an amazing congregation and your giving reflects that you have taken to heart the words of Christ in Matthew: "You shall love your neighbor as yourself." You have indeed shown your love to your neighbors a continent away.**



**Karel Waltermire,  
Outreach Ministry**

### **Thanks for Celebrating and Caring for Creation!**

**It is with a real sense of joy that we reflect on a very meaningful weekend of June 18-19 when Trinity paid special attention to God's creation. Through outdoor worship in the memorial garden we praised His precious gift of nature. Over twenty folks gathered for two Bible studies presented by Rev. Nelson Bock and Betty Goebel of Colorado Interfaith Power & Light. Our 7th annual Bike/Walk/Carpool to Church event was enjoyed by 25 participants and many of you stopped by the information table in the fellowship hall to gather resources on stewardship of the earth. Thank you to all who helped make this such a special time. Look for more opportunities to come!**

**The Outreach and Earthcare Ministry**

## Stewardship Matters

Summertime and the livin' is easy...

The warm breezes, flowers in bloom, kicking back, relaxing, enjoying the beauty of nature and let's not forget those much needed vacations. Much is in bloom at Trinity this summer, too: VBS has been completed, new members have been welcomed and candidates for the youth and family ministry position have been introduced and one will soon be selected – the work of the Church takes no vacation!

Living generously feels easy in the summer. After all, the days are longer and there seems to be more time for what's important, ourselves, our families and our communities. Living generously means that we take time for things that are important and finding balance personally, spiritually and financially. Don't forget that our church is a family and our church is a community, too.

As you review your year-to-date giving statement, please know how much your financial support is appreciated. It makes the ministry of Trinity happen! The Finance Team wants you to know that Trinity is living generously and living in balance and it's due to your support. We are trending ahead of 2010 in giving, up 12%. And, yes, we are taking on more expense as a congregation so that we can serve our family and community more generously.

True generosity is not measured by the size of the gift, but by the spirit of the giver. Thank you for your continued commitment to supporting the ministry of Trinity Lutheran Church. Stewardship matters!

Rachel Simonson  
Stewardship Chair

### **Support Equal Exchange Coffee/Tea**



### **Improve Your Health**

**Recent studies have linked coffee to a lower risk of prostate cancer, Parkinson's disease, Type 2 diabetes, liver cancer, cirrhosis and gallstone disease. Now, a new study finds another surprising benefit. According to research in the Annals of Family Medicine, drinking coffee and tea may help reduce the antibiotic-resistant bacteria that healthy people carry in their noses.**

**The researchers found that people who drank coffee and tea were 50 percent less likely to carry methicillin-resistant Staphylococcus aureus (MRSA). You can be healthy and have this bacteria in your nose; it only becomes a threat when it enters your blood stream through a break in the skin. A person with MRSA in his nose can also infect someone else.**

**It's not clear what's behind this benefit. Coffee and tea may boost the immune system. MRSA is a major public health issue at the moment; about 2.5 million people carry it. If coffee or tea could cut down on the number of carriers, that would be a huge benefit.**

# August 2011 Trinity Lutheran Church Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 9:30a Morning Book Club 10:00a Al-Anon 530p Oigong Exercise 6:00 Cent. Children's Chorus 7:00p Boy Scout Troop #195 7:00p Al-Anon 7:00p MOB-Musicians	<b>2</b> 1030a Oigong Exercise 12:00p AA <b>4:30p F.I.S.H. Ministry</b> <b>6:00p Trust Ministry</b>	<b>3</b> 12:00p Nar-A-Non 5:30p Al-Non Leader Mtg.	<b>4</b> 9:30a Lutheran Family Services <b>7:00p G.I.F.T. Ministry</b>	<b>5</b> 12:00p AA 7:00p Al-Anon	<b>6</b> 5:00p Saturday Praise
<b>7</b> <b>8:00 and 10:00 Worship</b>	<b>8</b> 10:00a Al-Anon 530p Oigong Exercise 6:00p Cent. Children's Chorus 7:00p Boy Scout Troop #195 7:00p Al-Anon 7:00p MOB-Musicians	<b>9</b> 1030a Oigong Exercise 12:00p AA <b>2:00p Finance Ministry</b> <b>5:30p Outreach Ministry</b> <b>7:00p Council</b>	<b>10</b> 12:00p Nar-A-Non 5:30p Al-Anon Concepts /trends <b>7:00 Worship &amp; Music</b> 7:30p Obsessive Compulsive	<b>11</b> 9:30a Lutheran Family Services	<b>12</b> 12:00p AA <b>6:30p T.G.I.F.</b> <b>@ the Jacobs</b> 7:00p Al-Anon	<b>13</b> 10:00a- Oigong Exercise <b>5:00p Saturday Praise</b>
<b>14</b> <b>8:00 and 10:00 Worship</b> <b>Backpack blessing &amp; BBO</b>	<b>15</b> 10:00a Al-Anon 530p Oigong Exercise 6:00p Cent. Children's Chorus 7:00p Boy Scout Troop #195 7:00p Al-Anon 7:00p MOB-Musicians	<b>16</b> 1030a Oigong Exercise 12:00p AA <b>7:00p TLC Preschool Board</b>	<b>17</b> 12:00p Nar-A-Non 5:30p Al-Anon Concepts /trends 7:00p Boy Scout Leader Mtg.	<b>18</b> 9:30a Lutheran Family Services	<b>19</b> 12:00p AA 7:00p Al-Anon	<b>20</b> 10:00a Autism Society <b>5:00p Saturday Praise</b>
<b>21</b> <b>8:00 and 10:00 Worship</b> <b>Colorado Rockies Faith Day</b>	<b>22</b> 10:00a Al-Anon 530p Oigong Exercise 6:00p Cent. Children's Chorus 7:00p Boy Scout Troop #195 7:00p Al-Anon 7:00p MOB-Musicians	<b>23</b> 1030a Oigong Exercise 12:00p AA	<b>24</b> 12:00p Nar-A-Non 5:30p Al-Anon Concepts /trends 7:30p Obsessive Compulsive	<b>25</b> 9:30a Lutheran Family Services	<b>26</b> 12:00p AA 7:00p Al-Anon	<b>27</b> <b>Trinity at the Mission</b> <b>5:00p Saturday Praise</b> <b>Pet Blessing</b>
<b>28</b> <b>8:00 and 10:00 Worship</b>	<b>29</b> 10:00a Al-Anon 530p Oigong Exercise 6:00p Cent. Children's Chorus 7:00p Boy Scout Troop #195 7:00p Al-Anon 7:00p MOB-Musicians	<b>30</b> 1030a Oigong Exercise 12:00p AA	<b>31</b> 12:00p Nar-A-Non 5:30p Al-Anon Concepts /trends			



# TRINITY LUTHERAN CHURCH — AUGUST 2011 Worship & Music Sched-



## AUGUST Altar Guild:

	Aug 7	Aug 14	Aug 21	Aug 28
<b>Hospitality Team</b>	Rocky Knutson Steve Cobb Wally Jacobson Eric Biedermann	Dave Karst Eric Biedermann Jessica Teal Emilee Mai	Ken Teumer Lee & Gayle Currie Parker Andrist	Al & Mary Rohde LeRoy Ekedahl Cliff Schneider
<b>Worship Assist.</b>	8/6 Jim Phillips  8 & 10 a.m. Delores Wisner	8/13 Theresa Simske 8 & 10 a.m. Kelli Karst	8/20 Vicki Voblrecht  8 & 10 a.m. Mary Ann Miller	8/27 Rick Walberg  8 & 10 a.m.
<b>Lectors</b>	Harlan Kilmer	Ron Bycroft	Kent Garvin	Wally Jacobson
<b>Communion Prep &amp; Serve</b>	Dave & Kelli Karst	Barbara Baggs Nyla Anderson	Jill Rose & Delores Wisner	
<b>Fellowship Hr.</b>	Susan and Lee Lamb	Micki and Gregg Hargis	Susie Struve and Ron Ullrich	Denise and Kurt Faulkner
<b>Sound System</b>	Stan Jones	Stephanie Dugger	Dick Schneider & Harley Bailey	Ralph Yernberg

### Worship and Music Ministry

This summer we have enjoyed worshipping outdoors in the newly expanded and enhanced Memorial Garden/Outdoor worship area. We thank the Trust Fund and the Property ministry for their efforts and funds dedicated to making this a beautiful space for reflection and worship. As of this writing another outdoor service is being planned for the last weekend in July.

We have received notice from Dr. James McCray that he has chosen to resign his position as Chancel Choir Director at Trinity. The Worship and Music ministry team, along with the choir members and pastors, would like to publically acknowledge and thank Dr. McCray for his dedicated service over the last four + years, and for sharing his vast knowledge of choral music. He has been a blessing to Trinity's music program.

Submitted by:  
Nyla Anderson  
Worship and Music Ministry



### HANDBELL CHOIR

**Handbell rehearsal will resume on September 7, 2011 at 6:00 p.m.**

We welcome new and existing members. If you are interested in joining the handbell choir, please call Marcia Yernberg at 266-8680

### Prayer Shawl Ministry

Our summer break is over. Trinity's Prayer Shawl Ministry will begin meeting again on Saturday, September 3rd and 17th at 10:30 a.m. in the Trinity Library. Bring your needles, yarn, creativity and join us!



## G.I.F.T. Youth Page



My experience in "Youth Go" at Sky Ranch was more than I could have imagined. I learned so much about leading devotions and other activities with large groups of all ages and groups of a few kids the same age. I also learned how to lead on hikes and in games and such. Different styles of leadership were taught from leading by example to facilitating. In order to be successful you need to be confident in all that you do. Last but not least I learned to be myself for "people that matter don't mind and people that mind don't matter". I would like to thank everyone for your contributions to the youth fund which helped us be able to go on this amazing adventure.

Emilee Mai

My experience during Youth Go! was incredible and I'd do it all again in a heart-beat! I signed up for this 2-week leadership camp at Sky Ranch because I'd really like to become more involved at Trinity and knew this would help me gain the skills I needed to do that. The YouthGo! program not only improved my understanding of ways to lead a group, but also helped me connect to nature and God while having so much fun along the way! My group and counselors were amazing and I love them all so much! The same goes for my experience and time at Sky Ranch this summer. I'm looking forward to trying out some of my newly learned leadership skills here at Trinity and I thank you very much for your support of the Trinity Youth Mission Fund, which made my participation of YouthGo! possible.

Sincerely,  
Gabby Dolan



### ***Growing In Faith Together* — Congregation Announcements**

**Adult Education Committee** to resume. We have a committee of former and new members that will be meeting 3 to 4 times per year to establish adult education opportunities. Committee members include Ralph Yernberg, Dick Anderson, Jodie Howard, Jack Hautaluoma and Howard Nornes. Look for exciting and interesting topics starting this fall.

**Morning Book Club** -This small group meets on the first Monday of each month at 9:30 a.m. in the church library. A variety of books are chosen 3 to 4 months in advance. These books are purchased and kept in a special section of the church library where anyone can check them out. Look for the yellow dot on the spine. Call Lois Olsen (206-0764) or Mary Wolpert (556-2015) with questions. The book for August 1st is **Still Alice** by Lisa Genoba.

#### **Women's Circles (WELCA)**

Circles are taking a break for July & August, but will resume in September. Check the September Tidings for the fall schedule.

**Volunteers needed for G.I.F.T. Ministry** -Building a puppet stage, nursery attendant backup, middle school & high school assistants, and Youth accounts bookkeeper. These are some of the many needs we have to fill. No experience necessary. Contact Steph Dugger (223-9119) if interested.

## ***Growing In Faith Together* — Congregation Announcements, cont'd**

**Book of Faith** -Meets on Mondays (except the 2<sup>nd</sup> Monday) from 7 – 8:30 p.m. at Spirit of Joy. Watch for announcements as the group will resume meeting in the Fall.

**7<sup>th</sup> Annual Colorado Rockies Faith Day** -Mark your calendars for Sunday, **August 21, 2011** for a day to join with fellow Trinity households at a baseball game and concert. If you are interested, please sign up in the Fellowship Hall at the Youth Table. Carpooling could be an option.



**Children Youth & Household Minister Position**—the process is moving forward smoothly. An invitation has been extended and details of a compensation package are also in process. Thanks for the great participation at the 'meet and greet' events for the candidates. Special thanks for the ongoing efforts of this committee.

### **News from Lutheran Campus Ministry at CSU**

Things do not stay the same—The funding for campus ministry in the past has come mostly from the ELCA and the Rocky Mountain Synod. For the past 15 years this funding model has been changing to focus on depending on local church support instead of the ELCA and Synod organizations. We have been extremely grateful for the support of the ELCA and our Synod and have been working on acquiring more local support and donations from alumni and friends. We depend on you for financially supporting our donations from alumni and friends as well as our outreach on the campus at CSU. We know that we are asking you to support not only the ministry with young adults, on campus, that come from your congregation, but to support students from other ELCA congregations and from other denominations as well as our outreach to unchurched students. We are a great way for the ELCA to evangelize to young adults. We also know that many of our students head off to Seminary. We have 3 students in Seminary right now.

We know that the ELCA is decreasing its support for campus ministry nationwide by 30% in 2012. We have not heard what the Synod support will be for 2012.

Life on campus at CSU is changing because we have more new students coming in August and that is **EXCITING**. LCM/CSU is expanding our small group ministry and our exposure on campus. We are making a difference on campus as we reach out to students, faculty and staff to aid them on their spiritual journey. We continue to offer weekly worship with communion and Bible study. Both of these activities have a meal connected with them.

We need from you:

1. Financial resources:

One week of small group ministry—\$90

One meal for our group—\$70

Stackable chairs for our sanctuary (50 chairs) - \$50 apiece

ELW hymnals (Need 40) - \$22.50 apiece

2. In-kind donations

Food donations for meals

Cookies for small group meetings

3. Your time:

Donation of time to organize a fundraiser for CCM at your church

Help with landscaping and putting in a rock garden at LCM

Attend a worship service

\*\*\*This fall we are in a re-building phase due to many of our students graduating. We would love to have you come to our Sunday evening worship starting on Aug. 21 at 5:15 P.M. We need more people to come to our worship to help us build up our community this year. If you have questions, please contact Pastor Connie at 970-222-8394 or email her at LCMCSU@gmail.com.



Thank you and Blessings, Pastor Connie

### "AIN'T"

He was just a little boy, on a week's first day.  
Wandering home from Bible school, and dawdling on the way.  
He scuffed his shoes into the grass; he even found a caterpillar.  
He found a fluffy milkweed pod, and blew out all the 'filler.'  
A bird's nest in a tree overhead, so wisely placed up so high,  
Was just another wonder that caught his eager eye.  
A neighbor watched his zigzag course, and hailed him from the lawn;  
Asked him where he'd been that day and what was going on.  
'I've been to Bible School,' he said and turned a piece of sod.  
He picked up a wiggly worm replying, 'I've learned a lot about God.'  
'M'm, very fine way,' the neighbor said, 'for a boy to spend his time.'  
'If you'll tell me where God is, I'll give you a brand new dime.'  
Quick as a flash the answer came! Nor were his accents faint.  
'I'll give you a dollar, Mister, if you can tell me where God ain't'

### ALL ARE WELCOME

The Welcome Center isn't just about answering the phones....it is as much about Outreach. It's about when a mother and young daughter walk in the front door, wet from being in the pool next door, in tears, and there is a friendly face to greet them. It's about the mother and daughter asking if they can go into the sanctuary to pray because the little girl's kitty just died. It's about the Welcome Center volunteer getting wet from hugging the little girl and joining them in the sanctuary to pray for peace after the death of a beloved pet. It's about inviting that mother and daughter to join us in worship sometime soon. **That's what Trinity is about!**



### CONGRATULATIONS

Marlene Schild  
and  
Loren Cockroft  
were married at  
Trinity on Friday July 15th

Thank you for your generosity to us in the 2010-2011 season of **Centennial Children's Chorus**. We truly appreciate the use of your facilities for our weekly Jubilate rehearsals. Because of your generous donation of rehearsal space, we can keep our fees at a much lower level than similar children's choirs nationwide, and are able to offer a quality choral experience to nearly 200 children in Northern Colorado.

Sincerely,  
Marlene Hutton  
Centennial Children's Chorus



Dear Trinity,  
Our thanks to the Trinity Lutheran Church family for the many gifts and opportunities they have given Irish Elementary School and its students. Your thoughtfulness and generosity is so greatly appreciated.

Lynette Salzman  
Irish Elementary Principal

**Lutheran Family Services** Refugee Division would like to extend a heartfelt thank you to the congregation at Trinity Lutheran Church in Fort Collins for allowing us to use the Outreach Room on Tuesday's and Friday's welcoming our newly arriving refugee families to the community. Fort Collins has been designated as a new resettlement site for Iraqi and Bhutanese refugees, and as we develop our program and community involvement, Trinity has become an essential part of why we are making great progress towards a long-term, sustainable program. I will send out information soon to individuals in the congregation interested in volunteering with the program. Thanks again!

Meghan Belaski,  
Volunteer/Donations Coordinator Northern  
Colorado Refugee and Asylee Program

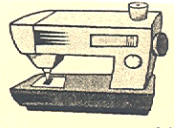
### Thank you from the Murulle Foundation

Last month I sat in Deb Schwartz's office going over the donations from Stand with Africa and wondered out loud, "How do I say thank you?" (meaning, how do Bob and I continue to express our deep gratitude for all that Trinity has done to help poor women in Ethiopia lead better lives?). Nyla Anderson walked by and heard my plea. She poked her head in the door and answered, "Easy. T-h-a-n-k Y-o-u."  
So, thank you from the bottom of our hearts.  
Karel Waltermire

Dear friends at Trinity,  
Thank you so much for all the phone calls, cards, flowers, lunches and especially the most generous gift of money.  
It warms my heart to know how so many of you felt about me and the ministry I did for Trinity. I loved serving all of you. Thank you again for making this transition easier.  
I miss my special friends!  
God Bless you all, Linda Bleich

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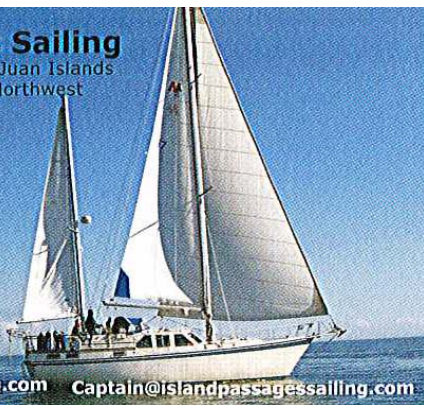
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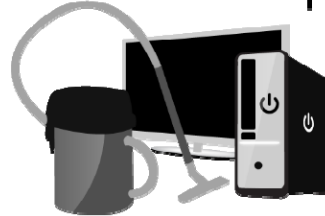
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Thank you to all who support our Tidings! Tell them where you saw their ad when you visit!



2011



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**Worship: 5 pm Saturday Praise & 8 am and 10 am Sundays**

### BACKPACK BLESSING AND BBQ

Join us on August 14th at the 10:00 a.m. service for the annual backpack blessing before the kids head back to school.

The service will be followed by a BBQ lunch sponsored by the G.I.F.T. and Fellowship ministries

Trinity has a new email address! Please send your Tidings articles and bulletin announcements to:

[office@trinitylutheranfc.org](mailto:office@trinitylutheranfc.org)



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